



Dear {{firstname}},

Happy New Year! From all of us here at CPAR, we wish you a year of peace, joy and health.

December was an exciting month at CPAR. Keep reading to hear about:

- December Gifts of Change success!
- WASH (Water, Sanitation & Hygiene) project goal achieved
- Meet our new team member
- Peek inside the world of CPAR - follow York University students during their practicum at CPAR

**Gifts
of 
Change**

A sincere thank you to every donor who gave a Gift of Change this holiday season! Thanks to your generosity, we raised over \$67,000 to improve health and health systems in communities in Africa.

Some noteworthy successes were:

- 30,000 litre rainwater harvesting tank will be built at an elementary school in Malawi, giving these children access to clean, fresh water. This will help keep the school clean and hygienic, and water the school's vegetable gardens.
- 3 health centres received new ultrasound machines, enabling them to help women in their remote communities who are experiencing higher risk pregnancies - not to mention bringing smiles to many new parent's faces at seeing their child's heartbeat or face for the first time!
- 380 reusable masks are being distributed to those in need to reduce the risk of COVID-19.
- 12 elementary schools in Malawi will receive the equipment, education, expertise and supplies needed to plant and sustain a nourishing garden.
- 325 fruit trees will be planted in Malawi to provide nutritious fruit and help combat the effects of climate change.

If you donated a Gift of Change, keep an eye on your inbox! You'll receive an update on your gift in early March.

WASH Project Goal Achieved



With the construction of over 1,500 latrines and improvements to 350 wells in the Traditional Authority of Khongoni, we're celebrating the news that the area has achieved ODF status - reducing the incidences of cholera and related diseases. Thank you to the dedicated CPAR team in Malawi and the people of Khongoni for achieving this important health milestone!

CPAR has a long history of sanitation projects in Malawi, and to date we are the only organization in Malawi to have achieved Open Defecation Free (ODF) Level 2 status, which is the highest level of achievement in WASH interventions in Malawi. This is a legacy that we're really proud of thanks to donors and supporters like you.

To find out more about this project, [visit our website.](#)

Meet our new colleague!



Please welcome Serge Birasa to the CPAR team! As Finance Manager, Serge will ensure all financial operations run smoothly in our Canadian and African offices. Serge was inspired to join CPAR

because of our relief work in communities close to where he grew up. Outside of work, Serge enjoys playing music and cycling. Please join us in welcoming Serge to the CPAR team!

Take a peek behind-the-scenes



Meet Global Health students Aisha, Dior, Lydia and Sara! They are joining us from York University for a practicum during their winter semester. As they work with staff and discover CPAR, so will you. They will be keeping a journal of their experiences with CPAR and have graciously agreed to share some of it with you to give you a rare, behind the scenes look at how things work here at CPAR.

[Read their introduction posts now!](#)



HAPPY HOLIDAYS!

From the CPAR team

Missed last month's email? [Find it on our website now!](#)



CPAR

Canadian Physicians for Aid and Relief

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