

INSPIRING COMMUNITY PARTNERSHIPS IN RURAL AFRICA

ANNUAL REPORT 2010-2011



CPAR



cultivating **mutual respect**

working as a team

partnership...

a bond of **trust**

sharing power, risks and responsibilities

jointly **investing** resources

a collective **commitment**

LETTER FROM THE EXECUTIVE DIRECTOR AND CHAIR OF THE BOARD



Partnership can be best described as a cooperative relationship between people or groups who agree to share responsibility for achieving a specified goal. In all of CPAR's programs we are cognizant of the fact that our efforts cannot be achieved without relying on a foundation of partnership.

The pinnacle of our partnerships is the relationship that CPAR has with the communities in Ethiopia, Malawi, Uganda and Tanzania. Our work together is based on trust, equality and a mutual understanding for the achievement of goals. It is this sharing of risks and rewards that ultimately results in the success achieved to date in building sustainable programs.

As a Canadian organization, our partnerships in Canada with institutional donors such as the Canadian Development Agency (CIDA) and individual Canadian donors is an integral part of facilitating CPAR's ability to commit to and engage with local communities that strive to address the health challenges that exist in their lives.

The strength of our Canadian partnerships extends beyond Canada to the countries where CPAR works and allows us to leverage this relationship to establish further partnerships with multi-lateral donors and other international development organizations. Our program partnerships with organizations such as UNICEF, UNDP, FAO and NGOs all contribute to our success in building healthy communities.

We are confident you will be pleased by the success achieved throughout the past year as a result of our partnerships. In our desire and commitment to build healthy communities we look forward to continuing the development of new and innovative partnerships that will enhance our ability to expand our reach and impact into new communities in Africa that are most in need. We are truly grateful to all our partners and it is these relationships that result in all of us contributing to the building of healthy sustainable communities. Together we can build healthy communities!

Thank you.

Kevin O'Brien
Executive Director

Dr. Diane Lacaille
Chair, Board of Directors



Our partnerships with communities – with farmers and village leaders – has given CPAR Tanzania the opportunity to get to know them very well and also given us a chance to get to know them very well. As a result, we are able to work very closely with vulnerable households to support their overall goal to improve their lives.

Technology is enhancing local partnerships. Mobile phone communications are assisting us with the process of strengthening our local partnerships with farmers and the local facilitators that we have trained.

Increasingly, we have observed empowered farmers taking the lead to seek technical advice and agronomic and market information.

As they seek more information, and expand their knowledge base they become more able to provide feedback and information regarding project progress and impact.

Japhet Emmanuel
Country Manager **CPAR Tanzania**



Development intervention at the grassroots level cannot be successful unless accompanied by community partnership. One of the cornerstones for our intervention and success is the genuine partnerships we are building with local community members as well as the recognition of our mutual needs. From past experiences, I can underscore the critical need for real community partnership encompassing collaboration with the shared responsibility of the problems as well as the solutions.

Our most exciting partnerships are with the men, women and children of each community. When properly managed and maintained they are a vehicle for ownership, commitment, responsibility, and sustainability. These partnerships create recognition and appreciation of the potential within the community while facilitating program implementation and igniting future development initiatives. The process of creating partnerships involves investing genuine effort, time and energy as well as compromise and a willingness to learn from each other. These are just some of the mandatory elements of partnership that nurture trust, friendship and commitment of the community.

Mekdes Girmaw
Country Manager **CPAR Ethiopia**



REFLECTIONS ON COMMUNITY PARTNERSHIPS

Once again, CPAR-Malawi has secured new funding to respond to local needs in Sanitation and Hygiene through partnerships with the Malawi Government, Global Sanitation Fund (GSF) and Plan International. This new program reflects on our commitment in supporting government efforts to achieve sustainable change in Sanitation and Hygiene in Malawi. The program uses a Community-Led Total Sanitation (CLTS) approach to achieve its goals and harness multiple stakeholders on the ground. At the centre of our work, is our open-minded approach to partnering with the community right at the grassroots level in order to ensure that solutions are brought forward to truly reflect the community needs.

Tchaka Thole
Country Manager **CPAR Malawi**



I am proud to be part of the CPAR family that highly values its partnership with governments and communities among whom it works. Recognizing the difficulty or perhaps the impossibility of seeking to change lives without the support, cooperation, encouragement and goodwill of the national and local governments and communities, CPAR's strategy of engaging other stakeholders in its work has yielded dividends over the years. Outside the political, economic and legal framework – district local governments and communities have also lent tremendous grassroots support for CPAR's programs.

CPAR Uganda



ACCESS TO NUTRITIOUS FOOD

As food prices remain high in most developing countries they continue to negatively impact access to food for significant numbers of low-income, vulnerable populations, contributing to ongoing food emergencies in 31 countries worldwide, including 20 African nations.

According to the Food & Agriculture Organization (FAO), in East Africa alone, more than 17 million people continue to confront serious food insecurity in East Africa due to the combined effects of below-average harvests, high food prices, conflict, and insecurity.

CPAR has developed long-term food security and nutrition programs that help farming families to build secure livelihoods through diversified crops and livestock. These programs also help to enhance the nutrition of children under five and improve the nutritional needs of people living positively with HIV&AIDS. CPAR's food security programs are committed to ensuring that rural African communities have the opportunity to provide for their income generation and nutritional needs.

INSPIRATION>

UPENDO FARMER FIELD SCHOOL IN TANZANIA HAS A LOVE FOR ENHANCED CROP PRODUCTION

Upendo Farmer Field School (FFS) in Haruzale Village was started in in 2010 and has a total of 32 members (15 men and 17 women). Upendo, which means 'love' is a fitting name for the FFS as the members all seem to have a love for their work as well as the benefits that are being received as a result.

Upendo FFS is growing maize, intercropped with lentils, green gram (a type of beans) and will also start growing groundnuts in the future because they are very marketable. The crops are being grown for household use and the surplus is sold on the market. For example, maize which is their main crop is produced at a rate of 15-20 bags – 10 of these bags are used at home and five bags are sold on the market.

From September to April (the short rains season) Upendo will focus on growing cassava, a drought-resistant crop. When they first started growing

cassava they were only generating five-six bags per acre. After their CPAR training in the FFS they are now generating 15-20 bags per acre. Their increase in crop production is partially due to training in crop spacing, the effective use of proper seeds and manure.

The money that is generated from the FFS is partially used to support each household with home needs, school fees, etc. Any surplus that is generated is deposited into a collective fund in the Bunda bank and is designated to be reinvested in future projects. Some of the proposed future projects include buying a milling machine, and expanding the FFS plot from one acre to five acres.

Maskha Debora, a FFS member notes the many benefits that Upendo FFS members receive. "The FFS has had many benefits for us. One of those benefits is the support that we receive as a result of being close to each other and always reaching out to support each other's needs."



WATER IS LIFE

Across Africa, one third of the people have no access to clean water, and almost two thirds have no access to clean sanitation, causing widespread suffering from malaria, typhoid, dysentery and many other diseases. Apart from this impact upon our health, the loss of productivity that results from water-related illnesses stifles our progress.

The population in many African countries is growing rapidly each year, averaging 2.5% across sub-Saharan Africa, but the lack of safe water and sanitation reduces economic growth at twice that rate. Everything is connected – a growing population must be properly fed. In order to increase food production, the necessary water supplies must be available.

Over the years, CPAR has worked in partnership with vulnerable communities and used a variety of appropriate technologies to bring clean water to these communities. Some of these technologies have facilitated the protecting of existing fresh water springs, developing hand dug and shallow wells, deep wells or bore holes and constructing rainwater harvesting tanks.

A crucial element of this process involves community partnership where community members gain the training and tools they need to maintain their new water points. The voices of village leaders are also present as they help to establish water management committees which oversee the use of the water points and ensure community-wide access to the water source.

INSPIRATION >

BEDESSA MULTI-PURPOSE SPRING INAUGURATED - ETHIOPIA

A multipurpose spring developed in Aboyeyena kebele, at Bedessa village was recently inaugurated in the presence of over 200 individuals including government officials, community members, NGO partners, CIDA and local media.

The spring was engineered to function as a water point, washing basin, cattle trough and about 330 meters is used as a canal extension for irrigation purposes. The spring is serving approximately 191 households and is expected to irrigate about 20 hectares of land impacting more than 140 households.

The Zonal Water Resource Development Department Head, who was born and raised in Bedessa village, was delighted and reminded of his childhood during the event. "We used to share this water with cattle, wildlife, rats and snakes.

The development of the Bedessa spring marks out a significant change in the life of the community."

The inauguration event would not have been possible without creating access to the road. The community had to construct about 3.5 km of rural road to get access to the village where the spring is located. Over 2000 labourers were contracted over five days to build the road to the site.

Through the Farmers First project, CPAR has developed two springs and two hand dug wells to serve 372 households all year round with drinking water and water for washing clothes and consumption. As a result of the protected spring, more than 140 households will also be able to produce vegetables (i.e. onion, garlic and lettuce) around their homestead and diversify their nutrition as well as their income sources.



CRITICAL PRIMARY HEALTH CARE

CPAR takes a partnership-focused approach to providing access to primary health care. CPAR trains community health workers, rehabilitates and builds clinics, develops and implements maternal, newborn and child health and provides support for people living positively with HIV.

Evolving from our roots based in emergency relief in the 1980s to providing more holistic community health care services – CPAR has focused on building healthy communities that will survive and thrive in generations to come.

INSPIRATION >

HELPING FARMERS TO DIVERSIFY THEIR INCOME - MALAWI

Income diversification is a key step to achieving food security in rural Africa. With diversification, farmers have a wide range of opportunities to sustain their livelihoods and to lead productive lives.

Ester Kadzkalowa, 38, from Khangale village, Traditional Authority Kabudula in Lilongwe district is one of the farmers who grows common beans. Ester is married with six children. Ester and her husband have been in the farming business since they got married some 20 years ago. Since then, tobacco has been their cash crop. For the past three years or so, tobacco prices on the auction floors have tumbled drastically and farmers are not getting a sufficient return for their work.

Ester has been growing beans for quite a while, but on a very small scale. *"I used to grow beans with other crops like maize and tobacco but on a really small piece of land and my harvest was generally small,"* says Ester. *"Things changed when I was targeted as a beneficiary in CPAR's Farmer First project in 2009. Through this project, myself and other farmers from my village worked together through the Khangale Farmer Field school where we were introduced to conservation agriculture as*

well as legume intercropping to help improve soil fertility as an alternative to chemical fertilizers."

Esther discusses her experience:

"I received three kg of common beans (the Kholophethe variety), which I intercropped with maize on my two acre piece of land from which we managed to harvest 50kg in the first year. From this harvest, I passed on 6kg to another farmer, reserved 10kg for seed and used 40kg as food. This 2010-2011 growing season, I cultivated the beans on a pure stand to help with nitrogen fixation with an intention to plant maize in the next season on that land on a rotational basis and from this I have managed to harvest 200kg. Growing beans on a pure stand results in a large harvest and I now have enough seed for the next growing season. I have already reserved 20kg for seed, 100kg for home consumption and sold the remaining 80kg at K200/kg. I received K16,000 (about \$100) from selling the beans and with this, now I am able to support my family's needs."

Growing beans is particularly important to households as a good source of protein, minerals and salts. It is also a good source of income. **CPAR's Farmer's First Project is encouraging and supporting small-scale farmers to develop their farming activities into a thriving sustainable business.**



NURTURING A HEALTHY ENVIRONMENT

According to the United Nations Development Programme (UNDP), environmental degradation could cancel out the modest gains the world's poorest countries have achieved in recent years. Half of all malnutrition in sub-Saharan African countries is caused by environmental factors, and environmental degradation may also cut agricultural productivity and cause food prices to increase up to 50 percent in the next few decades.

CPAR works in partnership with African communities to revitalize and reclaim the environment. Whether planting trees or maintaining tree nurseries; providing training, seeds and tools to maintain community gardens or promoting the use of innovative irrigation techniques, CPAR focuses on natural resource management that prioritizes the essential resources which sustain communities.

INSPIRATION >

EMPOWERING FARMERS IN UGANDA

After her husband's passing in 2008, Ugandan farmer Joyce Eech envisioned difficult times for herself and her four children. She pressed on, growing beans and cowpeas, but her confidence had hit an all-time low. Joyce eventually joined the Can Mii Diro Farmer Field School group in her home village in Bata Sub County, Lira District. Known for her past involvement in community affairs, Joyce quickly assumed a leadership position within the group.

"My fellow farmers trusted me and elected me first as their Chairperson and later asked me to become their Farmer Field School facilitator. Subsequently, CPAR trained us as Farmer Field School facilitators in various areas such as modern agronomic practices (application of the various soil and plant sciences to soil management and crop production), gender, HIV issues and recommended nutrition for children," said Joyce.

"Through this training I realized that I had potential and that life wasn't really over as I had thought. I started serving my community and now

I can stand before fellow farmers confidently serving them in different capacities.

My confidence and self-esteem in training and pursuing community programs has actually risen."

The leadership skills that Joyce gained in her Farmer Field School group were soon recognized at the community level.

"Due to my popularity, as our Farmer Field School facilitator, I was selected by our Sub County to represent women in a farmers conference in Kitgum. I'm now capable of training my Farmer Field School group members in areas we were trained in.

My group is now among the best performing groups in our Sub County! As well, on Sundays I sensitize my entire community in church on topics such as malnutrition, nutritional practices and gender issues."

Confidence restored, Joyce and her fellow Farmer Field School group members are pressing forward.



Inspiring Partnerships from Canada to Africa

A critical part of developing successful health and development programs involves inspiring and engaging Canadians about the work that is being accomplished on the ground in African communities. CPAR strives to create fruitful partnerships that help to build healthy communities in rural Africa.

The process of developing meaningful partnerships begins with reaching out to Canadians by attending medical and educational conferences and community events.

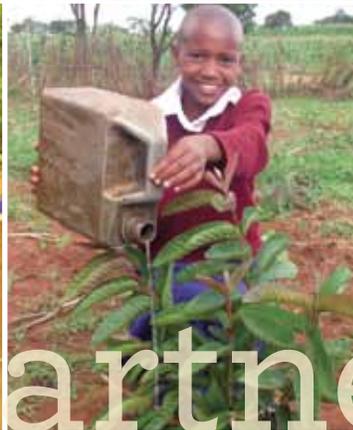
Meaningful partnerships with Canadian donors have also been nurtured through the Study Tour experience. Since the 1990s, CPAR has been providing Canadians with the opportunity to see critical health and development projects in action – through CPAR’s Study Tour program. This 2.5 week Tour takes Canadians to a diverse range of communities in one of CPAR’s program countries and is an educational and inspiring way to witness development in action.

Ntchito Yabwino, Good Work!

In partnership with the International Center for Students at the University of Manitoba, CPAR launched its innovative Service Learning Tour program. The program gives students from Manitoba a unique opportunity to actively participate in a development project in Africa. The inaugural Tour took place in Malawi and was appropriately named Ntchito Yabwino or “good work” in the local Chichewa language. Three students, Lauren Howard, Eric Flaten and Jillian Nichols, visited CPAR’s programs over six weeks and worked with staff to learn about grassroots development, build local staff capacity and share their experiences with Canadians through blogs and the media. The students also raised over \$3000 to help community-based centres in Central Malawi that support people living positively with HIV. Ntchito Yabwino!

Sixteen Years of Service

The annual CPAR-BC Tennis Tournament was hosted once again by Dr. Alan Huber in November in Vancouver. The event, now in its remarkable 16th year, is held in memory of Dr. Paul Hargrave, a long time CPAR supporter and after whom CPAR’s office in Lira Uganda is officially named. Dr. Huber and his wonderful group of supporters have raised more than \$50,000 in support of CPAR’s work in East Africa through the tournament.



partnership...



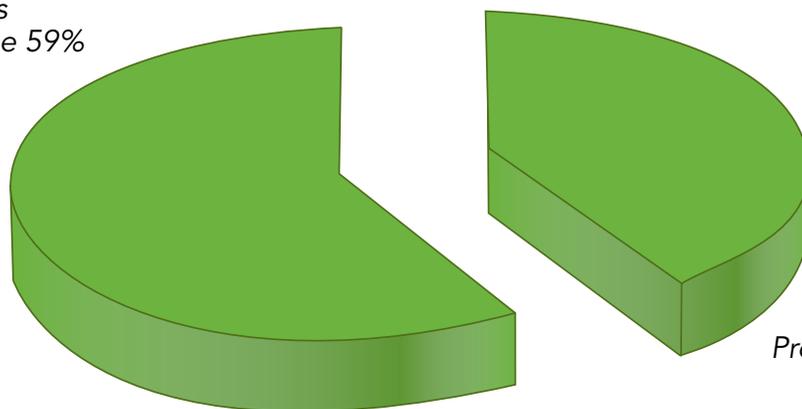
FINANCIALS

SUMMARIZED STATEMENT OF OPERATIONS

For the Year Ended March 31, 2011

	2010/2011	2009/2010
REVENUES		
Project Grants	1,192,237	1,682,744
Private Donations and Other Income	1,748,029	1,887,816
Total Revenues	2,940,266	3,570,560
EXPENSES		
Development Projects	1,719,759	2,633,795
Fundraising, Communication & Dev Education	900,809	928,038
Administration	363,211	380,035
Total Expenses	2,983,779	3,941,868
Excess of Revenue over expenses	(43,513)	(371,308)

*Private Donations
and Other Income 59%*

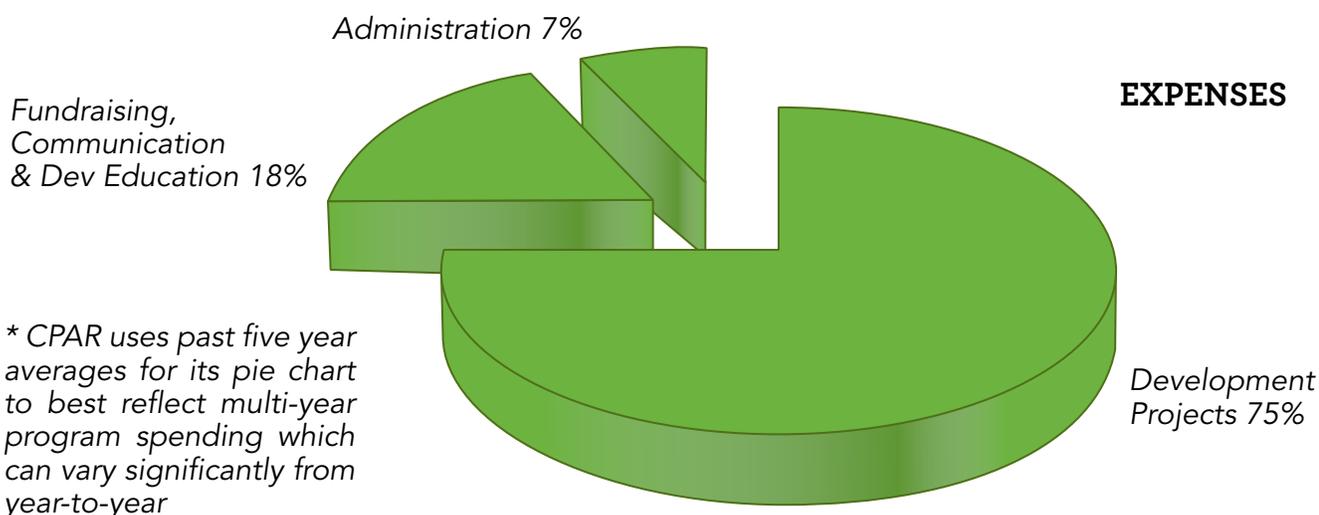


Project Grants 41%

SUMMARIZED STATEMENT OF FINANCIAL POSITION

As of March 31, 2011

	2010/2011	2009/2010
ASSETS		
Current Assets	827,258	948,773
Restricted Cash	18,846	17,668
Capital Assets	655,570	663,682
Total Assets	1,501,674	1,630,123
LIABILITIES AND FUND BALANCE		
Current Liabilities	718,870	803,806
Net Assets	782,804	826,317
Total Liabilities and Fund Balance	1,501,674	1,630,123



PARTNERS IN BUILDING HEALTHY COMMUNITIES

CPAR would like to thank the more than 10,000 individual donors whose continued commitment has contributed to building healthy communities in Africa each and every year and acknowledge the generous contributions of our partners from across Canada and around the world.

Foundations, Associations & Organizations

Canadian Auto Workers (CAW) Social Justice Fund	Manitoba Council for International Cooperation (MCIC)	Strategic Charitable Giving Foundation
Cloverleaf Foundation	Muttart Foundation	The Stephen Lewis Foundation
Derrick Brenninkmeyer Charitable Foundation	Leanne Palylyk Children's Foundation	UNICEF
The Brumara Foundation	Providence Health Care	Ursuline Religious of the Diocese of London
Ecological Farmers of Ontario (EFO)	Ptarmigan Fund – Calgary Foundation	Vancity Community Foundation
Elephant Thoughts	Thomas J. Ranaghan Foundation	Provincial Employees Community Services Fund
Elisabeth Fulda Orsten Family Fund	The John Brouwer Foundation	Vancouver Foundation
Fleming Foundation	The Kitchener-Conestoga Rotary Club	
Howick Foundation	International Aid Fund	
International Student Center	RBC Foundation	
University of Manitoba	Small World Music Society	
The KM Hunter Charitable Foundation	St. Paul's Hospital	

Government Agencies

Canadian International Development Agency (CIDA)	Ministry of Health – Uganda	Oyam District Government – Uganda
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Schools & Institutions

Algonquin College – Ottawa	Ontario College of Art and Design	Mentor College, Mississauga
Bishop Marrocco/Thomas Merton Catholic Secondary School	OCAD – Toronto	Morden Collegiate – Morden MB
Ernest Manning Senior High School – Calgary	Ontario Institute for Studies in Education (OISE)	Notre Dame Catholic Secondary School – Burlington
F.H Collins Secondary School – Whitehorse	Ontario Secondary School Teachers' Federation	St. George Elementary School – Winnipeg
Haliburton Highlands Secondary School, Haliburton	Peel District School Board – Ontario	St. Thomas Aquinas Secondary School – Oakville
	The Humberview School – Bolton	University of Toronto International Health Program (UTIHP)
	Kildonan East Collegiate – Winnipeg	

Businesses

Klasner and Solomon	Rivanna Natural Designs Inc.	Telus Corporation
MBNA Canada	Synergy Benefits Consulting	

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